

Congratulations on your pregnancy! Here is some information regarding commonly asked questions about your upcoming ultrasound. If you have any questions please feel free to ask the ultrasound technologist performing your exam. Our desire is to make this a positive experience while at the same time providing the best care to you and your baby.

Is ultrasound harmful to my baby?

Ultrasound is a specialized exam using sound waves (not x-rays) to visualize your baby. There is no radiation involved. If you would like to learn more please visit The American Institute of Ultrasound in Medicine website at www.aium.org

Can I have a digital recording of my baby?

Keepsake photos of your baby will be provided at the end of your ultrasound in still image form. Please be aware that fetal position may limit our ability to obtain optimal keepsake images. Digital recordings for non-medical purposes are not performed within our facility.

Can I have a 3D ultrasound of my baby?

The Food and Drug Administration (FDA) cautions against the use of 3-D/4-D imaging for non-medical purposes. We do not provide the 3-D non-medical imaging at this time. In most medical facilities 3-D is reserved for cases in which there is a known or suspected fetal abnormality and/or a high risk situation.

Can I take pictures or videotape in the ultrasound exam room.

Please turn off your cell phones while in the ultrasound department. Photography or video recording (including cell phones) is prohibited in the exam room. Please have your guests shut off all electronic devices also. We ask that any texting or phone calls please be made before your ultrasound exam begins (within the lobby).

When can ultrasound determine the gender of the baby?

Your doctor may order an ultrasound around 20 weeks to evaluate the health of your baby. The gender of your baby(s) can usually be determined at this ultrasound. In some cases, the baby(s) may be facing away from the abdomen and/or have their legs crossed and thus the sexual organs cannot be visualized during the ultrasound.

What if I Do Not want to know the gender of the baby?

Many expectant parents are excited to know, others want to wait until the birth to find out if they are having a boy or girl. If you do not wish to know the gender of your baby, please tell your care provider and ultrasound technologist at the beginning of the ultrasound examination.

How many people can I bring in to watch my ultrasound exam?

Please limit the number of guests to a total of four including young children. We understand this is an exciting time for you and your family; however the need to assure adequate space and minimal distraction to the ultrasound technologist is critical in order to complete the ultrasound exam.

Do we offer childcare services?

Please make arrangements to avoid having children in the ultrasound room. If you bring a young child with you, please bring someone to care for the child while you are having the ultrasound exam. **It is very important to know that a technologist should have a somewhat quiet atmosphere so they can concentrate on the well-being of your unborn baby.** We would like you to help us avoid as many distractions to the sonographer as possible because we care very much about you and your baby's health.